



The Synod of Southwestern Ontario  
The Presbyterian Church in Canada  
Conference 2017  
October 20-21, 2017

Please join us for the gathering of and for the Synod of SouthWestern Ontario at St. John's Presbyterian Church, 10 Mountain Street, Grimsby, ON L3M 3J6. Telephone: 905-945-5352. Email: [admin@stjohnsgrimsby.com](mailto:admin@stjohnsgrimsby.com)

### "DISCIPLESHIP" Tentative Schedule

#### Friday October 20th

- **11:00am to 1:00pm-** Registration at St. John's Presbyterian Church in the Kirk Hall. Refreshments will be available at the time of registration. For lunch, please see the attached list of places to eat in Grimsby.
  
- **1:00pm to 1:15pm** Worship Service led by Rev. Robert Adams, Moderator of the Synod of Southwestern Ontario. (This will be held in the Sanctuary).
  
- **1:15pm to 2:15pm** Constitution of the Court of Synod and First Sederunt: All are welcome to attend this meeting. Please note that only Clergy and Representative Elders are permitted to speak and vote. (This will be held in the Sanctuary).
  
- **2:15pm to 2:45pm** Refreshment break in Memorial Hall (downstairs)
  
- **2:45pm to 3:45pm** Second sederunt of the Synod of Southwestern Ontario (Held in the Sanctuary)
  
- **3:45pm to 4:00pm** Refreshment break in Memorial Hall (downstairs)
  
- **4:00pm to 5:15pm** Worship and Communion led by Rev. Robert Adams, Moderator of Synod(Sanctuary)



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- 5:15pm to 5:30pm Social time prior to Dinner

### Friday October 20<sup>th</sup>(cont'd)

- 5:30pm to 7:00pm Dinner provided by the Presbyterian Women of St. John's Presbyterian Church. This will be held in Memorial Hall
- 7:00pm to 8:30pm Evening Gathering with Keynote Speaker- Brice Balmer

### Saturday October 21st

- 9:00am to 9:30am Welcome and Business of the Synod of Southwestern Ontario. (Sanctuary)
- 9:30am to 10:30am First Break out Group- Rooms will included at time of registration
  - *Prayer and Spiritual Practice*- Facilitator will be Rev. Cathy Stewart
  - *I Believe? Now What?*- Facilitator will be Rev. Cherie Inksetter
  - *Youth in the Church, Values that Work*- Facilitator is James Clark
- 10:30am to 11:00am Refreshment Break in Memorial Hall
- 11:00am to 12:00pm Second Break out Group- Rooms will be included at time of registration
  - *How Do you live Discipleship* TBD
  - *I Believe? Now What?*- Facilitator will be Rev. Cherie Inksetter
  - *Healing and Reconciliation "Our Church and the Residential School System"*- Facilitator will be Rev. Rob Congram
- 12:00pm to 1:00pm Catered lunch by the Fellowship and Recreation Committee of St. John's Presbyterian Church. This will be held in Memorial Hall



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Saturday October 21<sup>st</sup>(cont'd)

- 1:00pm to 2:00pm      Third Break out Group- Rooms will be included at time of registration
  - *Prayer and Spiritual Practice*- Facilitator will be Rev. Cathy Stewart
  - *How Do you live Discipleship*- TBD
  - *Discipling Children*- Facilitator will be Rev. Alex Douglas
  
- 2:15pm to 3:00pm      Closing Worship Service in the Sanctuary.



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### Key Note Speaker and Workshop Facilitators

It's time to meet our Key Note Speaker for Friday evening and all of our Facilitators who will be leading our workshops on Saturday morning. We thank them for taking time and participating in the 2017 Conference.

### FRIDAY EVENING KEYNOTE SPEAKER



Brice Balmer- In the Master of Arts in Theology program, Spiritual Care and Psychotherapy field, Brice teaches courses in multi-faith, addictions, practicum for students in counselling, theodicy, group work and community development. He holds a DMin in Spirituality and addiction from the University of St. Michael's College, a MA in regional planning and resource development from the University of Waterloo, and a MDiv from Methodist Theological School in Ohio. He is an ordained Mennonite Minister and has worked in chaplaincy for many years, especially with people who are marginalized, in Denver, Colorado and in Kitchener, Ontario. He was a Co-Pastor at First Mennonite Church in Kitchener for 17 years.

### SATURDAY WORKSHOP FACILITATORS



#### Reverend Cathy Stewart

Cathy is an ordained Minister, a 27 year veteran of the Hamilton Presbytery, serving both regular pastoral and interim Ministry. She began asking questions about prayer as a teenager, but her real learning only came once she was a pastor. She received further formation in prayer and spiritual practice at a Benedictine monastery, but the most profound discoveries about "prayer and listening" came through a medical crisis. She teaches a kind of prayer John Calvin would have used (*Lectio Divina*). She has authored two books: *God Laughed (Why did Jesus have to die?)* and *A Goodness*



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I Cannot Explain: A Medical-Spiritual Memoir. Her three grandchildren keep her laughing.

## SATURDAY WORKSHOP FACILITATORS



### Reverend Cherie Inksetter

When people ask me what I do, I am proud to say I'm a pastor, but I am frequently met with "Really? YOU are a pastor? Really?", and that's just fine with me. I'm happy to be just a little out there. I have been blessed to be able to speak in all types of venues with different experiences and I have shared the message in 44 churches in 4 countries. I came to ministry a little later in life. Prior to ministry I (along with my family) owned a thriving farm, farm market and bakery in rural Hamilton. I think that God just wasn't ready to spring me on the world just yet, I wasn't completely baked 😊 . I am blessed to be Mom to 3 wonderful children, Bob, Lindsay and Michelle. They are my joy and I am so proud of them and they have left me empty nesters... for now.

In my previous life, I was an Owner/Manager of Carluke Orchards, an orchard and farm market in the Hamilton area that makes the BEST apple pie in Southern Ontario (maybe the world). I attended St. Paul's Presbyterian Church in Carluke for 26 years and my time spent as representative elder in the Hamilton Presbytery was formative and faith filled and helped me learn the ins and outs of the Presbyterian Church in Canada. I was born and raised in Beamsville, and coming to St. Catharines was like coming home again. I have been the Minister at St. Giles since May 2012 and I am so happy to be in such a warm and welcoming congregation.

We have been blessed to welcome 81 new members since our ministry journey together began. In my spare time, I like to read, cook, renovate and take long walks on the beach in the moonlight...ok, well maybe, just go for walks. 😊. In case you haven't guessed by now, I love to laugh. And I like to engage people in ways that may be just a little (or sometimes a lot) outside of the box. You've been warned.



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## SATURDAY WORKSHOP FACILITATORS



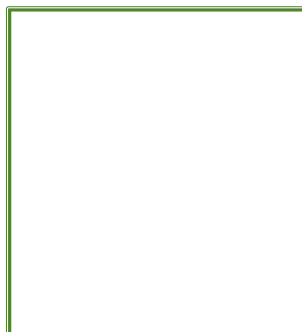
### **Reverend Alex Douglas**

Alex Douglas is the Children and Family Pastor and Co-Replanter of the Family Church of Heritage Green in Stoney Creek. The congregation was replanted as an unapologetically Family focused church by the Presbytery of Hamilton and Canadian Ministries in 2014. Alex as raised attending Knox Presbyterian Church in Milton, ON with his family, and came to a personal faith in Jesus through the summer ministry of Ontario Pioneer Camp in Port Sydney, ON. He graduated from Knox College in 2011. For over a decade Alex has been on the frontline of the family ministry movement in North America- speaking across Canada and the United States as part of the “Family Ministry Conversation” with David C. Cook publishing.

Alex uses a unique blend of art, storytelling and humour to tell God’s story to families of all ages. His philosophy for ministry is grounded in the mission of reclaiming our biblical calling to raise Christ centred families and to empower parents to be the spiritual champions to their children. Alex has a great passion for seeing Christ’s church become the family of families to we are called to be in God’s word, and has great hope for the renewal he sees Christ building in the coming generations through this “other first” approach to ministry. Alex and his wife Kathy are the proud parents of 4 amazing kids (including twins that just arrived in April). Their family motto is that sleep is highly overrated.

### **Reverend Rob Congram**

Rev. Rob Congram is a Minister at Shakespeare Presbyterian Church. Last June Rob participated in the Healing and Reconciliation Tour (sponsored by our PCC) along with 32 other Presbyterians. The tour went to Winnipeg, Kenora, Shoal Lake, Birtle, Manitoba, Saskatoon and Mistewasis. Tour members visited the sites of the





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Residential schools, met with residential school survivors and listened to their stories. Tour members also visited the Presbyterian Church's native ministries in Winnipeg and Saskatoon.

## SATURDAY WORKSHOP FACILITATORS

### Reverend James Clark



James has been working in youth ministry since he was 15 years old, he has been apart of the executive PYPS for 14 years. He worked running young adult mission trips for 3 years with YouthWorks! In Vancouver. He also helped to run the Kintail on the Road program, for 4 years, as well as being an LIT RC for one summer.

He is now the pastor of St. Lawrence Presbyterian Church in London, He has a passion for youth ministry and has learn a thing or two over the years working in it, often as a youth himself.

He hopes to share some of the values and ideas that he has learned with the church at Synod.



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## PLACES TO EAT IN GRIMSBY, ON

Grimsby has wonderful selection of restaurants that are within walking distance of the downtown corridor. There are a couple of restaurants within driving distances. There is a little something for everyone.

1. Cibo Osteria- 16 Ontario St, Grimsby. Tel: 905-309-5858  
[www.cibosteria.com](http://www.cibosteria.com)
2. Syndicate Restaurant- 13 Mountain St. Grimsby (Across the street from the church)  
[www.syndicaterestaurant.ca](http://www.syndicaterestaurant.ca)
3. The Judge & Jester- 17 Main St. E, Grimsby. Tel: 905-945-8744  
[www.judgeandjester.com](http://www.judgeandjester.com)
4. Teddy's Food Fun & Spirits- 28 Main St W, Grimsby. Tel: 905-945-5013  
[www.teddysportsbar.com](http://www.teddysportsbar.com)
5. Swiss Chalet- 5 Winward Dr, Grimsby. Tel: 905-945-7575  
[www.swisschalet.com/store/grimsby/windward-drive](http://www.swisschalet.com/store/grimsby/windward-drive)
6. Bogie's Grillhouse- 4 Windward Dr, Grimsby. Tel: 905-945  
[www.casablancawinery.com/bogeys-grillhouse](http://www.casablancawinery.com/bogeys-grillhouse).
7. Boston Pizza- 1 Industrial Drive, Grimsby. Tel: 905-309-1761  
[www.bostonpizza.com](http://www.bostonpizza.com)





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## PLACES TO STAY IN GRIMSBY AND SURROUNDING AREA

1. Super 8 Grimsby- 11 Windward Dr, Grimsby, ON L3M 4E9      Tel: 905-309-8800  
[www.wyndhamhotels.com/Super-8-Grimsby](http://www.wyndhamhotels.com/Super-8-Grimsby)  
We have booked approximately 10 rooms at this location at a price of \$99.00 per night. This includes free parking, Wi-Fi and continental breakfast.
2. Quality Hotel- 49 Goderich Rd, Hamilton, ON L8E 4W8      Tel: 905-578-1272  
[www.choicehotels.ca/en/quality-hotel-hamilton-hotel](http://www.choicehotels.ca/en/quality-hotel-hamilton-hotel)
3. Ramada Jordan- 2793 Beacon Blvd, Jordan, Lincoln, ON L0R 1S0      Tel: 1-800-870-3911  
[www.wyndhamhotels.com/ramada/jordan-station-ontario/ramada-jordan-beacon-harbourside-resort](http://www.wyndhamhotels.com/ramada/jordan-station-ontario/ramada-jordan-beacon-harbourside-resort)
4. Holiday Inn & Suites- 327 Ontario St, St. Catharines, ON L2R 5L3      Tel: 1-905-688-2324  
[www.ihg.com/holidayinn/hotels/us/en/st-catharines/ycmsa/hotel](http://www.ihg.com/holidayinn/hotels/us/en/st-catharines/ycmsa/hotel)



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